

Michelle Pannor Silver

Curriculum Vitae November 2018

CONTACT INFORMATION

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EMPLOYMENT HISTORY

Current Appointments

2017-present **Assistant Professor**
Department of Sociology and the Interdisciplinary Centre for
Health & Society, University of Toronto Scarborough

Cross Appointments

2013-present Institute for Health Policy, Management, and Evaluation/
Dalla Lana School of Public Health, University of Toronto

2016-present Institute for Life Course and Aging, University of Toronto

Prior Appointments

2013-2017 **Assistant Professor**, Department of Anthropology/Health Studies,
University of Toronto Scarborough

2008-2013 **Assistant Professor**, Contractually Limited Term Appointment
Department of Social Sciences, University of Toronto Scarborough

EDUCATION

2010 Ph.D. University of Chicago
Harris School of Public Policy
Dissertation Title: Work, Retirement, and Well-Being

2002 M.P.P. University of California, Berkeley
Goldman School of Public Policy

2000 B.A. University of California, Berkeley
B.S. University of California, Berkeley

RESEARCH AREAS

Gerontology; Aging and the Life Course; Work, Aging, & Retirement; Perceptions about
Aging and Health; Health Information Seeking; Embodiment, Exercise & Health

RESEARCH GRANT FUNDING

- 2018 Aging, Embodiment, and Sports. Principle Investigator, Social Sciences and Humanities Research Council (SSHRC) Insight Development Grant (IDG)
- 2017 Aging and Embodiment. Principle Investigator, Tri-Agency Bridge Funding Program
- 2016 The Retirement Project. Principle Investigator, Mitacs Accelerate Cluster Grant
- 2016 Health, Retirement and Retirement Security. Co-Principle Investigator, Healthcare of Ontario Pension Plan Grant
- 2015 Academic Physician Retirement. Principle Investigator, Connaught New Researcher Award
- 2015 Later Life Transitions and Exercise Participation. Principle Investigator, Research Competitiveness Fund Award
- 2014 Later Life Transitions from Medicine. Principle Investigator, University of Toronto Department of Medicine Grant
- 2014-2018 Work-Family Demands and Resources and their Implications for Health among Canadians Waves 3-5. Collaborator, Canadian Institute for Health Research (CIHR) Operating Grant
- 2012 Toronto Retirement & Digital Skills (TRADS). Principle Investigator, Research Competitiveness Fund Award

PUBLICATIONS

A. Books

Silver, M.P. (2018). *Retirement and Its Discontents: Why we won't stop working, even if we can*. New York, NY: Columbia University Press.

Select media coverage and interviews: *Forbes*, *The Globe and Mail*, CBC Radio, Sociology New Books, *University of Toronto Magazine*, *University of Columbia Press*, Next Avenue, *Zoomer*, *University Affairs*, Moolala Podcast, Retirehoppy Podcast, Global News, More than Money, *University of Chicago Magazine*.

B. Refereed Journal Articles

- Silver, M.P. (forthcoming/2019). The unbearable lightness of being retired. *The Canadian Journal on Aging / La Revue canadienne du vieillissement*. 38(1): 14 pages. doi:10.1017/S0714980818000466
- Silver, M.P., Settels, J., Schafer, M., & Schieman, S. (forthcoming/2019). Getting the hours you want in the pre-retirement years: Work hour preferences and mismatch among older Canadian workers. *Work, Aging and Retirement*. doi: 10.1093/workar/way015
- Silver, M.P. & Cronin, S. (forthcoming). Healthcare providers' perspectives on family compliance and behavior change in a childhood obesity program. *Health Education & Behavior*.
- Silver, M.P., Dass, A.R., & Laporte, A. (forthcoming). The effect of post-retirement employment on health. *The Journal of the Economics of Ageing*. doi: 10.1016/j.jeoa.2018.11.005
- Roblin, B., Deber, R., Kuluski, K., & Silver, M.P. (forthcoming/2019). Ontario's Retirement Homes and Long-Term Care Homes: A Comparison of Care Services and Funding Regimes. *The Canadian Journal on Aging / La Revue canadienne du vieillissement*. 38(2): 10 pages.
- Silver, M.P., & Williams, S.A. (2018). Reluctance to retire: An intergenerational perspective on work identity and retirement from academic medicine. *The Gerontologist*. 58(2): 320-330. doi:10.1093/geront/gnw142
- Silver, M.P., McRoberts, S., & Singh, H. (2018). When working out works out: Program administrators' perspectives on seniors' exercise participation. *Activities, Adaptation & Aging*. 42(1): 19-40. doi:10.1080/01924788.2017.1376177
- Silver, M.P. & Easty, L.K. (2017). Planning for retirement from medicine: A mixed methods study of barriers and facilitators to physician retirement. *Canadian Medical Association Journal Open*. 5(1): E123-129. doi:10.9778/cmajo.20160133
- Silver, M.P., Hamilton, A., Biswas, A. & Warrick, N. (2016). A systematic review of physician retirement planning. *BioMed Central (BMC) Human Resources for Health*. 14(67): 1-13. doi: 10.1186/s12960-016-0166-z
- Silver, M.P. (2016). A critical reflection on physician retirement. *Canadian Family Physician*. 62(10), 783-4.
- Silver, M.P. (2016). An inquiry into self-identification with retirement. *Journal of Women & Aging*. 29(4), 1-12. doi:10.1080/08952841.2015.1018068

- Silver, M.P., Warrick, N., & Cyr, A. (2016). Student expectations about mental health and aging. *Geriatrics and Gerontology Education*, 37(2), 185-207. doi: 10.1080/02701960.2015.1005288
- Silver, M.P., Hamilton, A.D., Biswas, A., Williams, S.A. (2016). Life after medicine: A systematic review of studies of physicians' adjustment to retirement. *Archives of Community Medicine & Public Health*, 2(1), 1-7. doi: 10.17352/2455-5479.000006
- Silver, M.P., Pang, N.C., & Williams, S. (2015). "Why give up something that works so well?": A preliminary investigation of retirement expectations among academic physicians. *Educational Gerontology*, 41(5) 333-347. doi:10.1080/03601277.2014.970419
- Silver, M.P. (2015). Patient perspectives on online health information and communication with doctors: A qualitative study of patients 50 years old and over. *Journal of Medical Internet Research*, 17(1):e19. doi:10.2196/jmir.3588
- Silver, M.P. (2014). Socio-economic status over the lifecourse and Internet use in older adulthood. *Ageing & Society*, 34(6), 1019-1034. doi:10.1017/S0144686X12001420
- Silver, M.P. (2010). Women's retirement and self-assessed wellbeing: An analysis of three measures of wellbeing among recent and long-term retirees relative to homemakers. *Women & Health*, 50(1), 1-19. doi:10.1080/03630241003601111

C. Non-Refereed Publications (Invited Commentaries, Reports, and Editorials)

- Silver, M.P. (2018). Retirement Expectations. Is it all that it's cracked up to be? *Caregiver Solutions*. 20(3): 8-10.
- Silver, M.P. (2017). Physician retirement: Gender, geography, flexibility and pensions. *Canadian Medical Association Journal (CMAJ)*. 189(49): E1507-8. doi: 10.1503/cmaj.171302
- Green, P., Fraser-Thomas, J., Silver, M.P. Khan, T. & Wolman, L. (2017). A Physical Literacy Strategy for Urban Indigenous Families Through the Life Cycle. A Collaborative Report produced by Native Child and Family Services of Toronto, 77 pages.
- Silver, M.P., Brown, A., Mazer, A., & O'Reilly, R. (2016). Health, Retirement and Retirement Security. White paper for the Healthcare of Ontario Pension Plan, 25 pages.
- Carey, A., Jurbala, P., Keila, P.S., McRoberts, S.R.W., Melnike, C.J., & Silver, M.P. (2016). Durable by Design: Active for Life. Produced by Canadian Sport for Life, 48 pages. ISBN: 978-1-927921-22-7

Silver, M.P. (2015). Getting your ducks in a row to retire from medicine. *Rehab & Community Care in Medicine*, 24, 1, 18-22.

Silver, M.P. (2008). Depressive symptoms in traditional versus transitional retirement. *Chicago Policy Review*, 12, 77-90.

INVITED PRESENTATIONS

Invited Speaker, Institute for Life Course and Aging Workshop, “Retirement and Its Discontents”, Toronto, Ontario, Canada (April 12, 2018)

Invited Speaker, Dalla Lana School of Public Health Mixed Methods Workshop, “Mixed Messages & Mixed Methods: Examining the Social Construct of Retirement”, Toronto, Ontario, Canada (March 20, 2018)

Distinguished Speaker, University of British Columbia Cardiology Grand Rounds, “A Critical Reflection on Retirement: The Greedy Institution of Medicine and Transitions from Practice”, Vancouver, British Columbia, Canada (April 27, 2017)

Keynote address, Institute of Health Policy, Management, and Evaluation Senior Fellows Reception, “Retirement and Its Discontents” (November 29, 2016)

Keynote address, St. Michael’s Hospital Medical Advisory Committee Retreat, “Transition to Retirement and Performance Evaluation: Issues for Academic Physicians and Leadership”, Toronto, Ontario, Canada (February 12, 2016)

Keynote address, Ontario Medical Association, “Transitions from Practice”, Toronto, Ontario, Canada (June 10, 2015 & November 24, 2015)

Keynote address, YMCA Program Administrators Annual Workshop, “The Evolution of Ageing: Developing a Canadian Sport for Life Model for Adults”, with Scott McRoberts & Clay Melnike, Calgary, Alberta, Canada (October 23, 2015)

Keynote address, City of Toronto and Birchmount Bluffs Community Centre Live Active – Live Well Forum, “Active Aging”, Toronto, Ontario, Canada (August 11, 2015)

Featured speaker, Technologies for Aging Gracefully Lab, “Mature Perspectives on Online Health Information Seeking & Physical Activity”, Toronto, Ontario, Canada (May 26, 2015)

Featured speaker, Canadian Centre for Health Economics, “Retirement, Unretirement, and Later Life Transitions”, Toronto, Ontario, Canada (February 27, 2015)

Featured speaker, Institute for Life Course and Aging workshop, “Work Identity and Retirement”, Toronto, Ontario, Canada (February 13, 2015)

Invited Discussant, Canadian Centre for Health Economics Social Capital Annual Meeting, Toronto, Ontario, Canada (October 6-7, 2014)

Invited Co-chair, The United States Military Academy, session on “Pensions and Palliative Care: Austerity, the Welfare State, and Population Flows in North America”, West Point, New York, United States (October 30-November 2, 2013)

CONFERENCE PRESENTATIONS*

*NB: Official conference organization or association is bolded.

Silver, M. (September 18, 2018). “Aging, Embodiment, and Sports.” Aging and Society: Eighth Interdisciplinary Conference and the **Aging and Social Change Research Network**. Tokyo, Japan.

Silver, M. (August 13, 2018). “We are the Champions: A qualitative study of athletic retirement and implications for aging societies.” **American Sociological Association (ASA)**. Philadelphia, Pennsylvania, United States.

Silver, M. (May 16, 2018). “Embodiment, loss and retirement.” **Qualitatives Conference**. Frederickton, New Brunswick, Canada.

Silver, M. (November 3, 2017). “Productive Aging, Work, and Retirement.” Aging and Society: Seventh Interdisciplinary Conference and the **Aging and Society Research Network**. Berkeley, California, United States.

Silver, M. (August 12, 2017). “Embodiment, Loss, and the Reproduction of Social Purpose: Perspectives from Retired Olympic Athletes.” **American Sociological Association (ASA)**, Paper presentation. Montreal, Quebec, Canada.

Silver, M., Schafer, M., Settles, J. (July 25, 2017). Age and Job Satisfaction within a Canadian Context.” **International Association of Gerontology and Geriatrics (IAGG)**, Poster presentation, San Francisco, California, United States.

Silver, M. (January 25, 2017). “Perspectives on Athletic Identity, Physical Literacy, and Adaptation from Retired Olympians.” **Canadian Sport for Life Conference (CS4L)**, Paper presentation. Ottawa, Ontario, Canada.

Silver, M. (November 16, 2016). “The Heterogeneity of Women’s Retirement Identity.” **Gerontological Society of America (GSA)**, Paper presentation. New Orleans, Louisiana, United States.

Silver, M. (November 19, 2016). “Exercise and Retirement: Perspectives from Retired Elite Athletes.” **Gerontological Society of America (GSA)**, Paper presentation. New Orleans, United States.

Silver, M. (October 22, 2016). “Intergenerational Conflict, Work Identity, and Retirement.” **Canadian Association on Gerontology (CAG)**, Invited member of Panel Presentation, Social Policy and Practice Divisional Session: Policy Imperatives for Later Life work. Montreal, Quebec, Canada.

Silver, M. (October 22, 2016). “A mixed methods study of student perceptions about gerontology.” **Canadian Association on Gerontology (CAG)**, Montreal, Quebec, Canada.

Silver, M. (October 21, 2016). “Athletic Identity and Retirement.” **Canadian Association on Gerontology (CAG)**, Montreal, Quebec, Canada.

Silver, M. (September 16, 2016). “Reticence to Retire.” **European Sociological Association (ESA)**, “Ageing in Europe: Beyond the Work-Centered Life Course”, Frankfurt, Germany.

Silver, M. (August 20, 2016). “An inquiry into women’s retirement identity.” **American Sociological Association (ASA)**, Seattle, Washington, United States.

Silver, M., Melnike, C. & Jones, T. (January 21, 2016). “Durable by Design.” **Canadian Sport for Life Conference (CS4L)**, Ottawa, Ontario, Canada.

Silver, M. & McRoberts, S. (October 25, 2015). “The Legacy of the 2015 Pan Am/Parapan American Games & Implications for Fostering Participation in Physical Activity for Mature Adults.” **Canadian Association on Gerontology (CAG)**, Calgary, Alberta, Canada.

Silver, M. (October 24, 2015). “Work Identity & Retirement: Findings from the Academic Physician Retirement Project.” **Canadian Association on Gerontology (CAG)**, Calgary, Alberta, Canada.

Silver, M. (August 23, 2015). “An intergenerational perspective on work identity and retirement in academic medicine.” **American Sociology Association (ASA)**, Chicago, Illinois, United States.

Silver, M., McRoberts, S. & Melnike, C. (June 13, 2015). “Building a CS4L Model for Older Adults.” **International Physical Literacy Conference (IPLC)**, Vancouver, British Columbia, Canada.

Silver, M. (November 7, 2014) “Unraveling Retirement.” **Gerontology Association of America (GSA)**, Washington D.C., United States.

Silver, M. (October 17, 2014) “The Working Lives of Retirees.” Invited member of Panel Presentation Symposia Session on Work-Retirement Transitions, **Canadian Association on Gerontology (CAG)**, Niagara Falls, Ontario, Canada.

Silver, M. (October 17, 2014) “Attitudes about Aging.” **Canadian Association on Gerontology (CAG)** session on Education and Curriculum, Niagara Falls, Ontario, Canada.

Silver, M. (October 10, 2014) “Who Searches for Health Information on the Internet?” **Medicine 2.0**, Malaga, Spain.

Silver, M. (August 19, 2014) “Online Health Information Seeking among Older Adults

and Barriers to Communication.” **American Sociological Association (ASA)** conference section on Science, Knowledge, and Technology, San Francisco, California, United States.

Silver, M. (August 18, 2014) “Retirement Redefined.” **American Sociological Association (ASA)** conference section on Aging and the Life Course, San Francisco, California, United States.

Silver, M. (June 28, 2014) “Attitudes about Aging: How does taking a course in gerontology influence expectations about aging?” **Mixed Methods International Research Association (MMIRA)** conference section on Teaching, Boston, Massachusetts, United States.

Silver, M. (June 27, 2014) “On Defining Work & Retirement: A mixed methods study of categorical and verbal descriptions of work status among a sample of adults age 50 years old and over.” **Mixed Methods International Research Association (MMIRA)**, Boston, Massachusetts, United States.

Silver, M. (May 14, 2014) “A cross national examination of age at retirement and health.” **Canadian Association for Health Services and Policy Research (CAHSPR)**, Toronto, Ontario, Canada.

Silver, M. (October 18, 2013) “Immigrants, digital immigrants, and health.” **Canadian Association on Gerontology (CAG)**, Halifax, Nova Scotia, Canada.

Silver, M. (October 20, 2012) “Health, SES over the Life Course, and Internet Use among Older Adults.” **Canadian Association on Gerontology (CAG)**, Vancouver, British Columbia, Canada.

Silver, M. (August 22, 2011) “Creative and Autonomous Work, Health and Well-Being.” **American Sociological Association (ASA)**, Las Vegas, Nevada, United States.

Silver, M. (May 1, 2009) “Spousal Health and Retirement.” **Population Association of America (PAA)**, Detroit, Michigan, United States.

Silver, M. (August 10, 2009) “Work, Retirement, and Well-Being: What you did for a living may influence how you feel in retirement.” **American Sociological Association (ASA)**, San Francisco, California, United States.

Silver, M. (November 9, 2008) “Differences in the Implications of Retirement on Depressive Symptoms by Gender & Occupation.” **Association for Public Policy Analysis and Management (APPAM)**, Los Angeles, California, United States.

Silver, M. (August 2, 2008) “Does the Impact of Retiring Vary by Occupation?” **American Sociological Association (ASA)**, Boston, Massachusetts, United States.

PROFESSIONAL MEMBERSHIPS

- Gerontological Society of America (GSA)

- International Association of Gerontological Societies (IAGG)
- American Sociology Association (ASA), Section on Aging and the Life Course
- Canadian Association on Gerontology (CAG)
- Canadian Association for Health Services and Policy Research (CAHSPR)
- International Sport for Life Society

ACADEMIC AWARDS & FELLOWSHIPS

2006-2008	United States National Institute on Aging (NIA T-32) Pre-doctorial Research Trainee
2005, 2007	University of Chicago Women in Public Policy Award
2003-2006	Ph.D. Fellowship, University of Chicago
2001	University of California Alumni Association Scholarship
1999-2000	University of California Regents' Scholarship
1998	University Students' Cooperative Association Scholarship
1997	Brooke Harrington Memorial Scholarship

TEACHING EXPERIENCE

LIST OF COURSES TAUGHT

Foundations in Health Studies, University of Toronto Scarborough Campus (UTSC)
Instructor (HLTA03): Winter 2017; Winter 2018

- Second term of a first-year undergraduate course (approx. 300-400 students)
- Redesigned original course syllabus, created original lectures, assignments, class activities, oversight/management of a team of TAs

Mixed Methods Research, University of Toronto Institute for Health Policy, Management, and Evaluation (IHPME)

Instructor (HAD574): Spring 2014, Spring 2016, Winter 2017

- Graduate Course (approximately 20 students at the Ph.D. and Masters level)
- Introduced the course to IHPME, developed original course syllabus, lectures, assignments, and class activities

Health, Aging, & The Life Cycle, University of Toronto Scarborough Campus (UTSC)

Instructor (HLTB01): Winter 2009, Summer 2009, Fall 2011, Winter 2012, Fall 2012;
(HLTC22): Fall 2013, Winter 2014; Fall 2015

- Undergraduate Course (approx. 150 students at the B-level and then 25-50 when shifted to the C-level in 2014)
- Developed original course syllabus at B-level and redesign at C-level, lectures, assignments, and class activities

Foundations in Health Studies, University of Toronto Scarborough Campus (UTSC)

Instructor (HLTB03): Fall 2009, Fall 2010, Summer 2011, Fall 2011, Summer 2012, Fall 2012, Winter 2013

- First term of a second-year undergraduate course (approx. 200-500 students)

- Introduced the course into the Health Studies Program, developed original course syllabus, lectures, assignments, and class activities

Health Research Seminar, University of Toronto Scarborough Campus (UTSC)
Instructor (HLTD02): Winter 2009, Winter 2012, Winter 2013, Winter 2016

- Undergraduate Senior Course (approx. 30 students)
- Developed original course syllabus, lectures, assignments, and class activities
- Coordinated with community organizations to develop a community engaged learning component
- Awarded Teaching Enhancement Grants in 2013 & 2016

Advanced Statistics, University of Chicago, Harris School of Public Policy
Teaching Assistant: Fall 2006

- Graduate Course (50 students)
- Led all tutorial sections, developed practice exercises to compliment problem sets, grading

Econometrics, University of Chicago, Harris School of Public Policy
Teaching Assistant: Spring 2007

- Graduate Course (25 students)
- Led tutorial sections, responded to student questions, grading

Microeconomics I & II, University of Chicago, Harris School of Public Policy
Teaching Assistant: Fall 2004, Spring 2005, Fall 2005, Spring 2006

- Graduate Course (50 students)
- Led tutorial sections, responded to student questions, grading

Contemporary Theories of Political Economy, University of California, Berkeley
Graduate Student Instructor: Spring 2001

- Undergraduate course (25 students)
- Led discussion sections, helped students synthesize the course materials, grading

SELECT TEACHING GRANTS

- Centre for Community Partnerships Community Partner Engagement Fund (2016): \$250
- Teaching Enhancement Grant (2016): \$1223
- Teaching Enhancement Grant (2013): \$553

SELECT TEACHING ENGAGEMENT ACTIVITIES

Presenter, Educator Exchange Workshop, Conducting Research Related to your Teaching, University of Toronto Scarborough Campus (November 26, 2015)

Presenter and participant, International Workshop on Community-University Scholarship and Engagement, University of Toronto Scarborough Campus (October 15, 2014)

Featured speaker, Scholarship of Teaching and Learning (*SoTL*) workshop, University of Toronto (September 19, 2014)

SELECT ACADEMIC SERVICE

- Performance Review Committee Member (2015, 2018)
- Academic Hiring Committee Member (2009-2018)
- Library Advisory Board Member (2016, 2017, 2018)
- Health Studies Co-op Program Faculty Assistant (2010, 2016)
- Toronto Pan American Sports Centre (TPASC) Advisory Committee Member (2016-17)
- Internal and External Reviewer to Thesis Committees (2013-present)
- Supervisor or Member of Ph.D. and Masters' Student Thesis Committees (2013-present)
- External Fellow, Institute for the Advanced Study of Sport, Business, and Leadership, University of Guelph (2018-present)
- External Advisory Committee Member for the Specialized Training Program in the Demography and Economics of Aging (T32), NORC at the University of Chicago (2015-present)
- Journal Reviewer: *Ageing & Society*; *Journal of Gerontology: Series B*; *Qualitative Health Research*; *Journal of Medical Internet Research*; *Canadian Family Physician*; *British Medical Association Journal*; *Canadian Medical Association Journal*; *Canadian Journal on Aging*

OTHER SERVICE EXPERIENCE

Resident Head. University of Chicago, Breckinridge Hall. Responsible for living with and providing regular support to 90 University of Chicago undergraduate students. 2005-2008.

Commissioner. Lieutenant Governor Bustamante's Commission for One California. The Commission worked to develop programs throughout the State of California that worked against prejudice, intolerance and hate. Appointed January 2000-June 2002.

President. University of California Berkeley, Graduate Assembly (GA). The GA is the official representative body of the (roughly 10,000) graduate and professional students at the University of California, Berkeley. Elected June 2001-May 2002

Vice President. University of California Berkeley, Graduate Assembly (GA). Served as the GA external representative from Berkeley on the student governing board for all 9 University Campuses. Elected June 2000-May 2001.

Student Regent. University of California Board of Regents. Served as a full voting member of the Board representing undergraduate and graduate students from all 9 University of California campuses. July 1999-June 2000.